

SURVIVING TO THRIVING

REFINING: HOME

KONMARI METHOD

1. TIDY ALL AT ONCE
2. VISUALIZE THE END RESULT
3. DETERMINE IF EACH ITEM SPARKS JOY
4. TIDY BY CATEGORY, NOT LOCATION
5. TIDY IN THE CORRECT ORDER
6. DISCARD BEFORE PLACING THINGS BACK
7. GIVE EVERYTHING A HOME

CATEGORIES:

CLOTHES

BOOKS

PAPERS

MISC (KOMONO)

MEMENTOS

CLOTHES:

TOPS
BOTTOMS
ON HANGERS
SOCKS
UNDERWEAR
BAGS
ACCESSORIES
SPECIFIC
EVENT
CLOTHING

BOOKS:

BOOKS READ
FOR PLEASURE
PRACTICAL
COOKBOOKS
REFERENCE
VISUAL
MAGAZINES

KIMONO:

CD's - DVD's - SKIN CARE PRODUCTS - MAKEUP
ACCESSORIES - VALUABLES - ELECTRICAL
EQUIPMENT - APPLIANCES - HOUSEHOLD EQUIPMENT -
HOUSEHOLD SUPPLIES - KITCHEN GOODS - PANTRY
ITEMS - OTHER